

Bobber the Water Safety Dog's Water Safety Golden Rules

TOPIC/SUBJECT: Water Safety

TARGET AUDIENCE/AGE LEVEL: K – 4th grade

TIME: 30 minutes

THEME: Bobber's Golden Rules can keep you safe while you are on or near the water.

GOAL/PURPOSE: Students will learning to swim well, not swim in water that is over their heads, will have an adult with them and wear their life jacket while in or near the water.

OBJECTIVE(S): The students will learn all of Bobber's Golden Rules to being safe in or near the water and why they are important.

DESCRIPTION:

As a presenter set a good example and wear a life jacket during the presentation.

Introduction:

How many of you like to go to the beach, lake, or river? How many of you can swim well? Now tell me what do you think is more dangerous going into water that is 6 feet deep or water that is 100 feet deep? Let the children raise their hands and then ask one from each group why they think their chosen depth is more dangerous.

Now act a little confused, tell them you're not sure, and that you are going to ask a water safety expert. Call for Bobber the Water Safety Dog to come out. Have the students help call for Bobber. Bobber enters and you introduce him. Bobber would like me to explain to you his Golden Rules to being safe in or near the water. It doesn't matter whether the water is 6 or 100 feet deep, if the water is over your shoulders then it is too deep to be in unless you have an adult right next to you. Bobber's Golden Rules include don't swim in water that is over your head and always have an adult with you when you are in or near the water.

Bobber's Golden Rules: Here are all of Bobber's Golden Rules to being safe while in or near the water. They were taught to him by his mother and father many years ago.

#1: Learn To Swim Well! Most people know how to swim, but they cannot swim well. Take swimming lessons and have fun while learning to swim well.

#2: Don't swim in water that is over your head. Why? If the water is over your head and you get tired while swimming you cannot stand up and rest and you could drown. Remember, you can swim just as easily in 2½ feet of water as in 6 feet of water.

#3: Always have an adult with you when you are in or near the water; never swim or go near the water alone.

#4: Wear your life jacket while in or near the water. Have some of the kids put on life jackets properly. "Repeat after me a life jacket can save my life if I wear it properly."

Bobber wants you to be safe in and near the water, so let's repeat his Golden Rules. Hold up cue cards for each rule.

- #1. Learn To Swim Well!
- #2. Don't swim in water over your head!
- #3. Always have an adult with you!
- #4. Wear a Life Jacket!

SUGGESTED MATERIALS & EQUIPMENT: Bobber costume, Coloring Books for everyone, child size life jackets, and Golden Rule cue cards